

# DEFEAT HEPATITIS



## Defeat Hepatitis – Take Action Now this World Hepatitis Day

Every year on 28 July, communities across Australia and the globe mark World Hepatitis Day — a time to raise awareness, challenge stigma, and promote testing, treatment and prevention of viral hepatitis.

This year's theme is “Defeat Hepatitis – Take Action Now”, and there's never been a more important time to act.

In Queensland, thousands of people are living with hepatitis B or hepatitis C, and many don't even know it.

- Hepatitis B affects 35,000 people in Queensland, with 1 in 3 undiagnosed.
- Hepatitis C affects 13,000 people in Queensland, with 1 in 10 diagnosed.

Left untreated, viral hepatitis can lead to serious liver disease, including cirrhosis and liver cancer. Symptoms can be mild and may include tiredness, brain fog, and aches and pains.

The good news? Hepatitis can be prevented, tested, and treated. Hepatitis B can be prevented with a vaccine. People living with chronic hepatitis B can live a long, healthy life with regular monitoring and care. Hepatitis C can be cured with a short course of tablets. A simple fingerstick or blood test is all it takes to get started.

Throughout July, Hepatitis Queensland is encouraging people, communities and organisations across the state to take action. That might mean booking a test, starting treatment, sharing a message on social media, or having a conversation with a friend or colleague.

- Take action on hepatitis B: get tested, get treated, get vaccinated.
- Take action on hepatitis C: get tested, get treated, get cured.

Find out more at [www.defeathepatitis.au](http://www.defeathepatitis.au)

## MORE INFORMATION

Infoline: 1800 437 222 [www.defeathepatitis.au](http://www.defeathepatitis.au)

