

Trivia Questions



We encourage you to use these trivia questions to help your community learn more about viral hepatitis.

Hepatitis B and C can only be transmitted through blood-to-blood contact.

- True
- False

What organ does hepatitis make sick?

- Kidney
- Liver
- Bowel

Hepatitis C can be cured but you can catch it again.

- True
- False

Which of the below activities can you get hepatitis B from?

- Home tattooing
- Sharing cutlery
- Breastfeeding
- Unprotected sex

There is a vaccine available for all hepatitis viruses.

- True
- False

How often should I get checked if I have hepatitis B.

- Every 2 years
- Every 6- 12 months
- When I feel sick

If I have hepatitis B, I must take medication.

- True
- False

If I get re-infected with hepatitis C, I can do treatment again.

- True
- False

Trivia Answers



Hepatitis B and C can only be transmitted through blood-to-blood contact.

FALSE. This is true for hep C, but hep B can be transmitted through both blood-to-blood contact and sexual fluids. This is an important difference to be aware of.

What organ does hepatitis make sick?

LIVER. Fun fact, the word hepatitis actually means inflammation of the liver. Hepatitis is not specific to just viral hepatitis (e.g. hep B and C) it can be caused by alcohol or fatty diet, amongst many other things.

Hepatitis C can be cured but you can catch it again.

TRUE. While it is possible to cure hep C within 8 to 12 weeks, it does not make you immune. Therefore, risk activities such as sharing injecting equipment, puts you at risk of reinfection.

Which of the below activities can you get hepatitis B from?

UNPROTECTED SEX AND HOME TATTOOING.

Both of these activities can put you at risk of contracting hep B.

Sharing cutlery is a common myth, but the hep B virus cannot be transmitted through saliva, and it cannot be transmitted through breastmilk unless there is blood present (e.g. cracked nipples).

There is a vaccine available for all hepatitis viruses.

FALSE. There is a vaccine available for hep A and B, but not for hep C. In Australia, all babies are vaccinated for hep B at birth, and First Nations children receive hep A. Hep A is mostly offered by your doctor if you are travelling to some countries where it is more common. Hep A is transmitted via faecal to oral, not blood-to-blood or sexual fluids.

How often should I get checked if I have hepatitis B.

EVERY 6 -12 MONTHS. It is important to receive regular 6 or 12 monthly check ups (as directed by your doctor) to monitor how your liver is coping with the hep B virus.

If I have hepatitis B, I must take medication.

FALSE. Not everyone will need medication, but this is why it is important to receive 6-12 monthly liver health checks. These checks allow your doctor to monitor the hep B virus, in case you do need medication to control damage to the liver.

If I get re-infected with hepatitis C, I can do treatment again.

TRUE. The new hep C medications can be taken again and again, but good harm reduction practices can remove the need to do treatment over and over. Remember to not share fits and avoid sharing items where blood-to-blood contact may occur (tattoos and hair clippers).

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Trivia Questions



How many maximum standard drinks per day is safest for healthy people?

- 6 drinks
- 4 drinks
- 2 drinks

David Unaipon is featured on the Australian \$50 note.

- True
- False

Which of the following is a sign of alcohol poisoning?

- Vomiting
- Seizures
- Slow or irregular breathing
- Confusion

Which sport did the first all Aboriginal and Torres Strait Islander team play abroad?

- Cricket
- Rugby Union
- Rugby League
- AFL

Tobacco and alcohol should be avoided while pregnant.

- True
- False

What year of Australian Idol did Jessica Mauboy come runner up?

- 2006
- 2007
- 2010

Sharing injecting fits can put someone at risk of hepatitis B or C.

- True
- False

What sport is Steve Renouf known for?

- Rugby League
- Rugby Union
- AFL

Trivia Answers



How many maximum standard drinks per day is safest for healthy people?

4 STANDARD DRINKS for both men and women, and a maximum of 10 standard drinks per week is advised. These guidelines are not suitable for everyone, especially if you have liver disease. Speak to a doctor about what is best for you.

David Unaipon is featured on the Australian \$50 note.

TRUE. David Unaipon was an inventor and the first Aboriginal author published in Australia.

Which of the following is a sign of alcohol poisoning?

ALL CORRECT. There are a few other signs including low body temperature, pale/blue tinged skin or passing out. If you see anyone experience these signs, call for help immediately.

Which sport did the first all Aboriginal and Torres Strait Islander team play abroad?

CRICKET.

Tobacco and alcohol should be avoided while pregnant.

TRUE. Alcohol and tobacco are made of ingredients that can cause issues with the healthy development of the baby. Speak to a midwife or doctor for more information.

What year of Australian Idol did Jessica Mauboy come runner up?

2006.

Sharing injecting fits can put someone at risk of hepatitis B or C.

TRUE. Hep B and C are transmitted via blood-to-blood, therefore, sharing any type of injecting equipment (tourniquets, water, syringes etc.) which may have blood present, even if it isn't clearly visible, can put someone at risk of hepatitis B or C.

What sport is Steve Renouf known for?

RUGBY LEAGUE.