

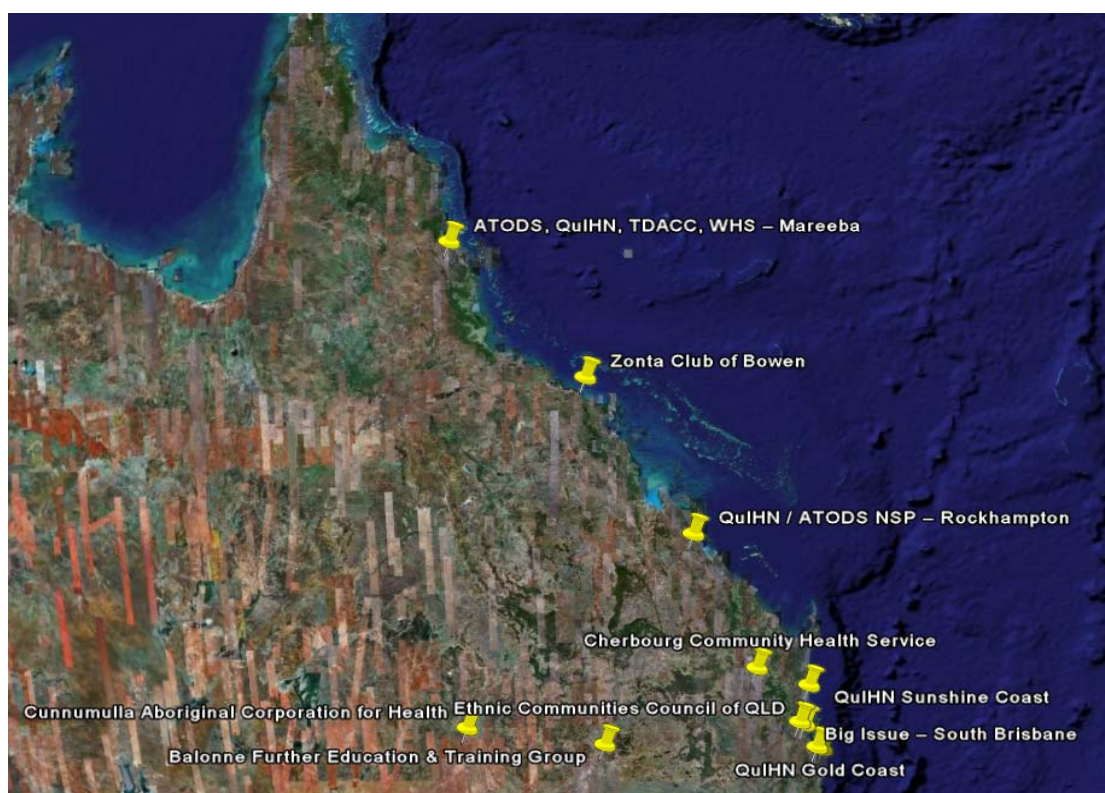
Small Grants and National Hepatitis Awareness Week Project Officer - Kelly Harper

National Hepatitis Awareness Week 2008

Community Activity Grants

Community Activity Grants were offered again in 2008 as an incentive for community organisations throughout Queensland to access grants of up to \$500 to fund activities or events for their local community. The grant application process adopted a very similar approach as the previous year due to its simplicity. The theme for the grants this year used the 'teaser campaign' concept and asked applicants to consider doing something with the No. 12.

In total, 11 applications were received successfully funded throughout Queensland. The following is a map highlighting the locations of successful grant recipients.



1. Cunnumulla Aboriginal Corporation for Health

Cunnumulla Community Hepatitis Awareness Week

Student awareness education session at Cunnumulla State School for yr 11/12. The students did art work which was displayed at the Cunnamulla Show. The Aboriginal Health Workers did a community information stall and BBQ at the local Bob Poncho Park in Cunnumulla.



2. Ethnic Communities Council of Queensland

12 African Leaders' Forum

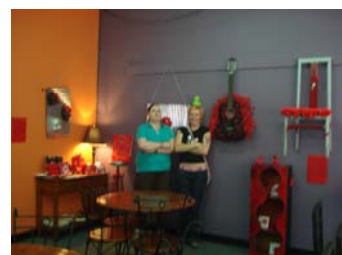
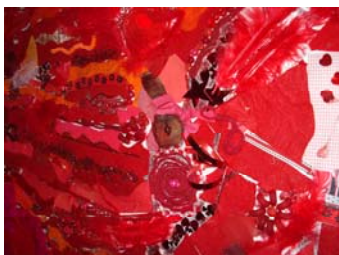
The forum consisted of a guest speaker from the Hepatitis Council of Queensland (HCQ) who provided an overview of World Hepatitis Day and National Hepatitis Awareness week. A community leader talked about her brother's story who had hepatitis in Sudan. Presentations were also given from bilingual health workers. Opportunities for questions and discussions were encouraged between the African leaders and other participants. Out of twelve African leaders invited, seven were able to participate and are originally from Liberia, Eritrea, Sierra Leone, Rwanda, Congo, Burundi and Sudan. Other participants present included two HCQ staff and one board member of HCQ; one clinical nurse from the Mater hospital; one staff and two bilingual workers from ECCQ and one volunteer from ECCQ.



3. QuIHN, Canning St Clinic Rockhampton, Needle and Syringe Program, Indigenous Health.

Hep C Awareness Rocks Rocky

The project was an opportunity to collaborate with other local service providers to deliver information on Hep C to young people and the community. The first part of the project involved working with the Canning St Clinic and Needle Syringe Program, sharing Hep C information with disengaged youth from 4 services in the district, providing them with information about Hep C and Hep B and encouraging them to make red art pieces influenced by this information. The art work was conveyed via a number of mediums including, canvases, furniture and masks. The second part of the project focussed on building partnerships and collaborating with indigenous organisations to organise local Hep C awareness BBQ in park during National Hepatitis Awareness Week.



4. Queensland Injectors Health Network (QuIHN) Gold Coast

Learn about safe liver herbs

Safe herbs were presented and provided to QuIHN clients as a way of engaging HCV+ clients in an informal and positive way. Three specific herbs, St Marys Thistle, Burdock Root, and Dandelion Seed, were bulk purchased and packed into 30 gram lots. These were given out to clients with instructions on how to prepare and information on their positive effects on the liver's health. The herbs were prepared for taste testing along with a wide variety of brochures about hepatitis and liver care. A healthy BBQ lunch was provided to go with a presentation by an experienced Naturopath, who talked about the liver, then answered everybody who had questions. Another BBQ was held in conjunction with the local Indigenous health service – Kalwun, on the foreshore of West Burleigh Heads, where plenty of food and a hepatitis themed "showbags" were available to those that attended.



5. Cherbourg Community Health Service 12 hours 12 People

Cherbourg Community Health Service hosted a community BBQ promoting Hepatitis education and awareness with entertainment by local musicians. Local health workers held a resource stall with information given out throughout the day. Guest representatives attended from the Hepatitis Council of Qld. The event was well attended by local community members and many were involved in helping throughout the day.



6. The Big Issue Street Socceroo Program Twelve days to fitness and health

In conjunction with the Picnic in the Park event hosted by the Hepatitis Council of Qld, a training and soccer program was conducted promoting players to consider their general health and wellbeing for the next twelve days. In line with Hepatitis Queensland's information which recommends encouraging a positive state of mind, eating balanced meals, lowering/abstaining alcohol consumption and participating in physical activities participants were given information about healthy eating and guidelines for fitness for adults which raise their awareness about their physical health and well being. Drills based around the number twelve (e.g dribbling around twelve witches hats). Players had access to information about Hepatitis and were encouraged to take responsibility for their general health. Prizes were awarded to players who participated in the program and all participants were able to demonstrate an understanding about Hepatitis the contribution of diet and exercise to their health and well being. At the conclusion of the game players were given a pack containing some healthy food options along with brochures explaining the importance of diet and exercise.



7. Queensland Injector's Health Network (QuiHN) Sunshine Coast QuiHN Reveals the 'C'crets

The production and launch of a 12 month calendar, each month having a different topic relating to Hepatitis with relevant pictures and twelve points about the topic. The topics covered include Food, alcohol, stress, discrimination, treatment, testing, family and friends, prevention, referrals, living with hepatitis, tattooing / piercing, moving on after treatment. A launch was also funded to promote the calendar.



8. Zonta Club of Bowen 12 Peach Drops for Hepatitis Awareness

A stall was set up at the local Bowen market to sell batches of a dozen cakes (to keep in with the twelve theme). The peach drops were given with hepatitis awareness brochures. The stall was decorated with Hepatitis Awareness Posters. Each person visiting the stall were give resources provided by the Hepatitis Council of Qld. The cakes were used to attract people to the stall.

9. Kalwun Health Service Hepatitis Awareness Community BBQ

In conjunction with QuiHN, Kalwun hosted a workshop on Hepatitis Awareness for community members. Invitations were sent to clients who are Hep C positive and other community members. The workshop was held at Mowbray Park, Burleigh Heads. A BBQ lunch was served and a game of cricket was played.



10. ATODS Old Health; Queensland Injector's Health Network (QuiHN); Tableland Drug and Alcohol Counselling Centre (TDACC), Wuchopperen Indigenous Health Service (WHS) Atherton Hepatitis Education Stall

Education resources and information were provided to the public on themes such as prevention, transmission, treatment, discrimination, disclosure and healthy lifestyles. The two education stall were provided within shopping complexes on the Tablelands; one in Mareeba and one in Atherton. Free razors, toothbrushes and bottles of water were provided along with the information.